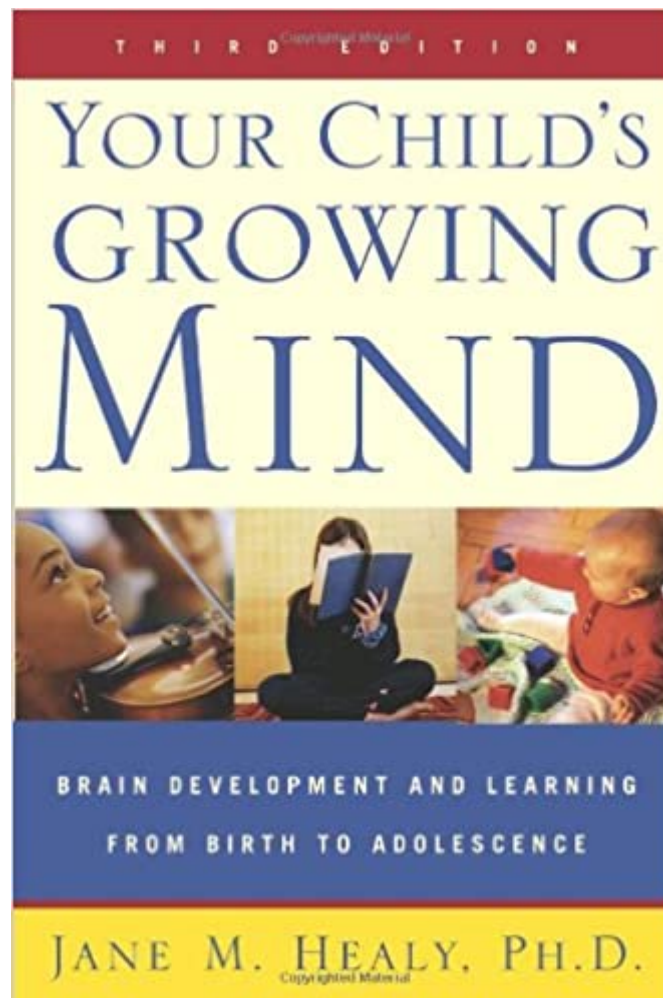




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# Your Child's Growing Mind: Brain Development And Learning From Birth To Adolescence



## Synopsis

The classic guide to understanding children's mental development is now updated and better than ever! Hailed by parents and educators, *Your Child's Growing Mind* is a window into the fascinating process of brain development and learning. It looks at the roots of emotion, intelligence, and creativity, translating the most current scientific research into practical suggestions for parents and teachers. Dr. Healy also addresses academic learning, offering countless suggestions for how parents can help without pushing. She explains the building blocks of reading, writing, spelling, and mathematics and shows how to help youngsters of all ages develop motivation, attention, critical thinking, and problem-solving skills. Using the science of childhood development, she also examines today's hot issues, including learning disabilities, ADHD, influences of electronic media, and the hazards of forced early learning. From infancy to adolescence, this is the perfect guide to helping and enjoying a youngster's mental, personal, and academic growth.

## Book Information

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## Customer Reviews

"A solid gold gift to anyone teaching or parenting or encountering the learning child. Jane Healy seems to have it all—the richness and insight from the think tank, the wisdom and experience of her life."—David Mallery, Independent School Quarterly

"A sane and readable guide to the burgeoning literature on human development. I particularly liked the discussions on the perils of superbabysitting and on the fostering of

creativity. • Dr. Howard Gardner, author of *Frames of My Mind* and *The Mind's New Science* "Dr. Healy has done it again with *Your Child's Growing Mind*. Nobody Makes child development and its practical applications so clear and readable. A must for parents." • Michael Brody, M.D., Chair of The Television and Media Committee of The American Academy of Child and Adolescent Psychiatry "This book became an instant classic when it was published in 1987, and has been a cornerstone for educators ever since. Now revised and updated to reflect recent findings in brain research, this book guides parents, teachers, and caregivers as they gauge the level of development of an individual child's brain." • Ingram

The classic guide to understanding children's mental development is now updated and better than ever! Hailed by parents and educators, *Your Child's Growing Mind* is a window into the fascinating process of brain development and learning. It looks at the roots of emotion, intelligence, and creativity, translating the most current scientific research into practical suggestions for parents and teachers. Dr. Healy also addresses academic learning, offering countless suggestions for how parents can help without pushing. She explains the building blocks of reading, writing, spelling, and mathematics and shows how to help youngsters of all ages develop motivation, attention, critical thinking, and problem-solving skills. Using the science of childhood development, she also examines today's hot issues, including learning disabilities, ADHD, influences of electronic media, and the hazards of forced early learning. From infancy to adolescence, this is the perfect guide to helping and enjoying a youngster's mental, personal, and academic growth.

why did i give this book five stars? because each star has a meaning. 1) clear 2) simple 3) scientific 4) sound and 5) for a vast audience. this read will complement anyone's mind, that's thinking about having a progeny. it will clearly warn those future / present parents about the plastic brain of a child / adolescent. when i said warn, i meant heeding one's tongue / safe environment / not too much tv / understanding a child's behavior (NOT understand it from an adult's point of view) etc. the book reads clearly about the crucial influence of sensory integration therapy (physical stimulation (playing in the playground))...watching my little boy's hyperstimulation and appreciating its normality, is magnificent...playing with my boy (yes. we parents MUST play / act like kids) and being hypnotized by his ever movements of the blocks (crucial indicator of development) and how his performances are telling of " numerosity, balance and stability" (book)...hearing my boys " agency" (motivational system) is a profound/ lovely science...there are so much other meaningful realistic encounters that are covered in this sweat read. this book is no exception for future / present parents. anyone under

the sun, that's interested in learning about child / adolescent behavior, will find this read informative...as far as deep psychoanalysis / statistics / hypotheses and obscured heavy mathematical equations / formulas are concerned, there's no need to pull your hair. why? because this layman book (well researched) is far from giving the readers an atomic bomb headache (not that the above knowledge is useless).i'm a parent (yeeeeee - hhaaaaa)-:)and owning this clear / well-researched andimpressively cheap read, is a joy.

As a homeschooling parent, I found this book to be very helpful in understanding how a child's mind grows and develops. The author explains quite well how children's brains function at different stages and what their changing needs are. She reinforced a lot of my concerns about the move toward earlier and earlier formal instruction, fact drilling, etc that is taking place in our society. She is very careful to iterate that different children's brains develop at different rates and that doesn't mean something is "wrong" with them.I found the information to be quite accessible, but it's possible someone with more knowledge of the brain might find it watered-down as the author is not big on using technical terms and tends to simplify processes. As my interest was more applied, I saw this as a plus. It is still a relatively deep read for a non-expert.There's plenty of information relevant to babies, but also much for the school age child. Toward the end of the book, the author applies what has been learned to the various school subjects. This is a valuable book for any parent that wants to understand how their child's mind and abilities develop. As a homeschooling parents of six children, I am glad to have read this book. I've already made changes based upon what I learned from it.

I ordered this book primarily because I was looking for information on the best way to assess and encourage brain development in my infant. It has a lot of good information on things like what kind of activity, interaction and play is helpful for brain development and what is not. It also has good information about benchmarks of development for different ages/stages. This is a great reference for parents who really want to understand their child's brain development and create a brain-rich environment.

Excellent book, well written and quite scientific. This is not an easy book and certainly a bit difficult for first time reading, but it is a must read. Scientific facts/data, parental advice, examples, suggestions and many more in this terrific guide from childhood to adolescence.Little areas are left partially covered (child psychology, communication, baby/toddler), but you can find indirect approaches on most of them.Highly recommended but beware if this is your first book on parenting,

as it will be quite challenging. One or two good books before this one will help you work through and understand it even better. Read it carefully -even twice-, make notes, in order to expand your knowledge and find the necessary confidence on how to raise your children as you will understand on what they need. P.S. This is also a scientific guide that proves Maria Montessori's work was right...

After reading a number of neuroscientific based books, I rounded out my self-directed exploration of the brain with this masterpiece by Jane Healy, Ph.D. It simply is simply the ultimate guide for understanding how the minds of children - from infants to teenagers - grow, change, and develop. Yes, it has the neuroscientific jargon that you would expect from any credible book that endeavors to explain the complexities of the brain and its neural functions and networks, but what you don't expect is for it to be so abundant with sound advice (backed by research of course) about how to logically, and lovingly raise children to maximize their intellectual capacities, and reach their full potential in ways that are best for them; all in accordance to their individual rate of growth. Reading this book will enable you to look into the mind of your child (or children) and identify, and understand their thought process. Her take-away message is clear: pay attention to your child, follow their lead, and gently guide them with interactivity, play, and lots of love. This book should be required reading for all parents, and parents-to be.

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